

NORTH SEATTLE COMMUNITY COLLEGE

Peter Ku Education Building, **ROOM ED 2843A**

9600 College Way North, Seattle, WA 98103

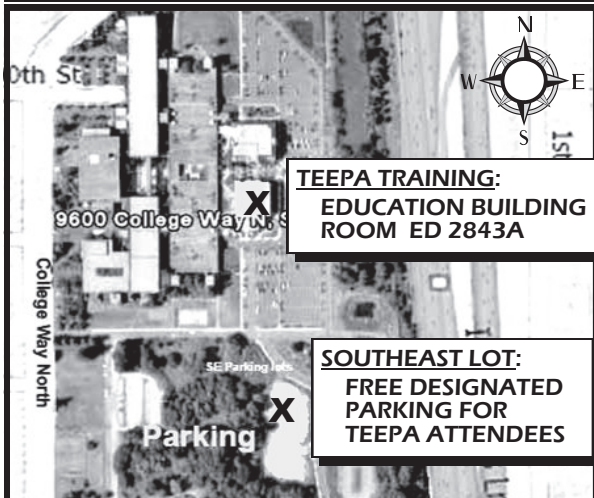
THESE DIRECTIONS ARE SPECIFIC AND COORDINATE WITH TEEPA SIGNAGE ON CAMPUS PROPERTY. THERE IS NO CHARGE FOR PARKING IF YOU PARK IN THE SOUTHEAST LOT AS DIRECTED. CLASSROOM ED 2843A IS ON THE 2ND FLOOR AT THE TOP OF THE STAIRS.

NORTHBOUND on I-5

Take Northgate Exit #173
Right at 1st Avenue NE (South)
Right at North 92nd Street
Right onto College Way N
Right into college at the Corliss Street Entrance
Proceed down hill, the Peter Ku Building is straight ahead to the left (decorated with Native American Artwork). **Follow the TEEPA SIGNS FOR FREE PARKING on the right.**

SOUTHBOUND on I-5

Take Northgate Exit #173 (Westbound)
Right at North Northgate Way
Left at Meridian Avenue North (becomes College Wy N)
Left into the college at the North 95th Street Entrance
Proceed straight ahead to a large parking area, the Peter Ku Building is straight ahead to the left (decorated with Native American Artwork). **Follow the TEEPA SIGNS FOR FREE PARKING on the right.**



**TEEPA TRAINING:
EDUCATION BUILDING
ROOM ED 2843A**

**SOUTHEAST LOT:
FREE DESIGNATED
PARKING FOR
TEEPA ATTENDEES**



19401 40th Ave W, Suite 205
Lynnwood, WA 98036
ATTN: TEEPA SNOW TRAINING

TEEPA SNOW

MS, OTR/L, FAOTA

DEMENTIA EDUCATION



Teepa Snow is an Occupational Therapist currently working as a Dementia Care and Education Specialist with an independent practice with clinical appointments at Duke University's School of Nursing and UNC-Chapel Hill's School of Medicine. Teepa works closely with assisted living and retirement communities, Hospice and day programs and Dementia specialty service providers throughout the US to improve and optimize programs for people with Dementia and their families.

CAREFORCE is proud to welcome Teepa each spring to the Pacific Northwest.

Teepa Snow: www.posapproach.com

CAREFORCE: www.careforce.com

APRIL 18TH AND 19TH
NORTH SEATTLE COMMUNITY COLLEGE

**“Understanding Dementia
What is Happening and How Can We Help**

This session will help family members, caregivers, and professionals recognize the signs and symptoms that dementia is part of the picture. It will highlight changes in brain function that affect the person’s ability to process information, interact with others, understand what is happening, react and respond to the world around them and the people in their life. The goals of the session are to provide learners with the most up to date information on dementia, Alzheimer’s disease, Lewy body dementia, vascular dementia, and others. It will also address strategies and techniques that can help and support the person versus more traditional and typical reactions and caregiver behaviors that make the situation worse.

**Box Lunches available This year
for an additional \$12.50**

Box lunches feature chips, small carrot raisin salad, 10oz. Water bottle, cookie & mint.

- A. Ham & Cheddar Cheese on White
- B. Sliced Roast Beef w/Swiss on Sourdough
- C. Turkey w/American Cheese on Whole Wheat
- D. Veggie Delight

**Building Care and Interaction Skills
That Make a Difference**

This session will help caregivers develop new care behaviors and responses that work when someone is living with dementia. This focus of the session is on developing cueing and helping behaviors that match the needs and use the retained abilities of the person with dementia when providing companionship, supervision for safety, structure for daily routines and schedules, activities and interactions to fill the day, and help with personal care routines and tasks. The goal is to empower the care partner by introducing consistent cueing behaviors, awareness and responsiveness to the person’s cues and reactions, and by breaking old habits that don’t work.

**Building Hands on Skills of
Mid-Stage Dementia Caregiving**

This session is designed to help care providers understand what the person is able to do and not able to do at this point in the condition. The majority of the session will help care providers develop and use skills that are effective in providing the support and assistance with personal care tasks, engagement in meaningful activities, and communication and interactive events. The goal is to help care providers use techniques and strategies that are more effective and foster the use of remaining skills and cooperation rather than resistance and refusals.

**Box Lunches available This year
for an additional \$12.50**

Box lunches feature chips, small carrot raisin salad, 10oz. Water bottle, cookie & mint.

- A. Ham & Cheddar Cheese on White
- B. Sliced Roast Beef w/Swiss on Sourdough
- C. Turkey w/American Cheese on Whole Wheat
- D. Veggie Delight

**Building Hands on Skills of
Late Stage Dementia Caregiving**

This session is designed to help care providers understand what the person is able to do and not able to do in the late stages of the condition including the very end of life issues. The majority of the session will help care providers develop and use skills that are effective in providing the physical care programming when someone is less and less able to engage, move, respond, understand, and do. The goal is to help care providers use techniques and strategies that are more effective and improve our ability to connect and help until the very end of life.

- MONDAY, APRIL 18TH**
 - 9:00AM - 12:30PM**
Understanding Dementia
What is Happening and How Can We Help
 - 1:30PM - 5:00PM**
Building Care and Interaction Skills
That make a Difference

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- TUESDAY, APRIL 19TH**
 - 9:00AM - 12:30PM**
Building Hands On Skills of Mid-Stage
Dementia Caregiving
 - 1:30PM - 5:00PM**
Building Hands On Skills of Late Stage
Dementia Caregiving

**\$45 PER SESSION- \$60 BOTH SESSIONS
\$20 STUDENTS (INCLUDE COPY OF STUDENT ID)
FREE FOR CAREFORCE CAREGIVERS**

Box Lunch an additional \$12.50
A B C D

MAIL REGISTRATION & CHECK PAYABLE TO:

CAREFORCE Attn: Lara Davidson
19401 40th Ave W, Suite 205
Lynnwood, WA 98036

TO PAY BY CREDIT CARD CALL:
(425) 712-1999 Lara Davidson

Name & Company _____

Address _____

City _____ State _____ Zip _____

Phone _____ Email _____



Would you like CEU's? **YES / NO**

**ONE REGISTRATION PER PERSON, CALL FOR
GROUPS. REGISTRATION MUST BE RECEIVED
NO LATER THAN FRIDAY, APRIL 15TH**